



Logo by Joanne Wayland

["A Taste of Blue Hills"](#)

The Culinary Arts and Design and Visual Communications programs at Blue Hills Regional Technical School in Canton are proud to bring you "A Taste of Blue Hills," a new cooking show that we hope will get viewers as excited about cooking as we are. This show displays the exceptional skills of our Culinary students, who will be demonstrating how to prepare all kinds of delicious food, and our DVC students, who will be filming the program. It will be broadcast on the cable access TV stations of our district towns—Avon, Braintree, Canton, Dedham, Holbrook, Milton, Norwood, Randolph and Westwood. We gratefully thank Culinary Arts instructors Linda Varraso and Anthony Giuffre, and DVC instructors Joann Murphy and Joanne Wayland for the time, effort and creativity they put into this project. We also appreciate the support of Blue Hills Supt. James Quaglia, Principal Jill Rossetti and Vocational Director Michelle Sylvia. This show is truly a collaborative endeavor. We sincerely acknowledge the work of our students, whose dedication, talent and know-how are remarkable. Thank you to Hingham Harbor Media for the use of their studio.

For Episode One, "Football Party Recipes," the students made Buffalo Chicken Dip, Steak and Cheese Egg Rolls with Avocado Ranch Sauce, and Oreo Truffles

[Episode One click here to view](#)

Culinary students Tommy Lynch, Arianna Damigella, Marina Retzos, Rebecca Blasi, Lisa Petrie
DVC students Seth Westgate and Ruth Menzinger



Left photo: Marina Retzos and Tommy Lynch. Right photo: Arianna Damigella, Rebeca Blasi, Marina Retzos, Tommy lynch, Lisa Petrie

For Episode Two, “Spring Delights,” the students made Spring Salad, Caribbean Chicken and Rice Krispie Easter Treats.

[Episode Two](#) , **[click here to view](#)**

Culinary students Kevin Rull, Katie Laun, Gisele Digirolamo

DVC students Brian Anastasio, Andrey Spears



Left to right: Gisele Digirolamo, Katie Laun, Kevin Rull, Brian Anastasio, Andrey Spears